

## **Modified (Junior High) Soccer Program Rules**

### **Game Length**

1. Four (4) fifteen minute quarters, with two (2) minute intervals between quarters.
2. If both schools have squads of twenty – two (22) or more players each, a fifth period has been mandated. Each period shall consist of fifteen (15) minutes, with two (2) minute intervals between periods.
- 3- If both schools have between 15-21 players the playing time is 4 (18 minute) quarters.

### **Game Rules**

1. Only shoes with molded soles are permitted – sneakers are not allowed. (No screw in studs shoes are allowed.)
2. All players must wear shin guards at all times. No shin guards, no play.
3. Goalkeepers must wear boxer-type head gear with strap. As per Section VIII Rules. Goalkeeper must use a mouthpiece. Referee must be told of any goalkeeper changes throughout the game.
4. Either team may substitute when the ball goes over the touchline (sideline) or the goal line (end line.)
5. If a player is red carded (disqualified), a substitute must be made for that player. If that team has only eleven (11) players and a substitute cannot be made, the team can play shorthanded. If a player is injured and cannot return and there are no substitutes resulting with only ten (10) players on the field, the team can play shorthanded. Each team must have eleven (11) players on the field at the start of the game. If one team shows up with ten (10) or less players, the game cannot be started.
6. Scissors kicks and sliding tackles are illegal (not allowed), and will result in an indirect kick for the opposing team. Repeated infractions shall result in a warning, then a caution, then ejection (expulsion). Tell this to the players and the coaches in your pre-game talk. (Also emphasize sportsmanship.
7. Coaches are allowed one (1) timeout per quarter of two (2) minutes duration for instructional use only; they can only be taken on a dead ball (out of bounds) or when the ball is in a team's possession,
8. Each team is required to have a roster for each game. .Required on the roster is the name of the school and level, coach's name, all player's names and numbers. No roster – do not start the game.

Note: All other rules from the HIGH SCHOOL RULE BOOK apply.

If a referee does a five-quarter game, an extended time or does the game alone, he is entitled to additional fees. You must email the BOCES office the next day and inform them.

If both coaches request two (2) halves, of thirty (30) minutes each, with two (2) timeout of two (2) minute duration each, you can oblige them.

Have a great season!